

SENIOR SMILES



THE UNIVERSITY OF  
**NEWCASTLE**  
AUSTRALIA

# Denture Care

Staff training module for care staff working within Residential Aged Care

# Denture Care

- All Dentures should be **labelled** with the individuals name
- This can be done at laboratory when the appliance is manufactured
- Or by using a denture marking kit



## Denture Care

- Inspect dentures and **report any cracks or chips** to the Facility Care Staff, the Facility, Senior Smiles Oral Health Practitioner, a dentist or Prosthetist
- Dentures should be **removed at night**
- **Dentures should be** soaked in water or products for soaking dentures
- Dentures should be **stored safely** so they are NOT throw out by mistake

# Cleaning Dentures

1. Place washer or water in basin to avoid breakages
2. Use **denture paste or soap** and warm water
  - **DO NOT** use toothpaste
3. Use an appliance brush, or nail brush to gently scrub the denture
4. Hold dentures correctly over basin (see additional slides)



# Cleaning Dentures

**NB: If patient has a fungal infection (e.g. thrush), dentures should be cleaned and soaked in an antimicrobial solution such as Chlorhexidine**

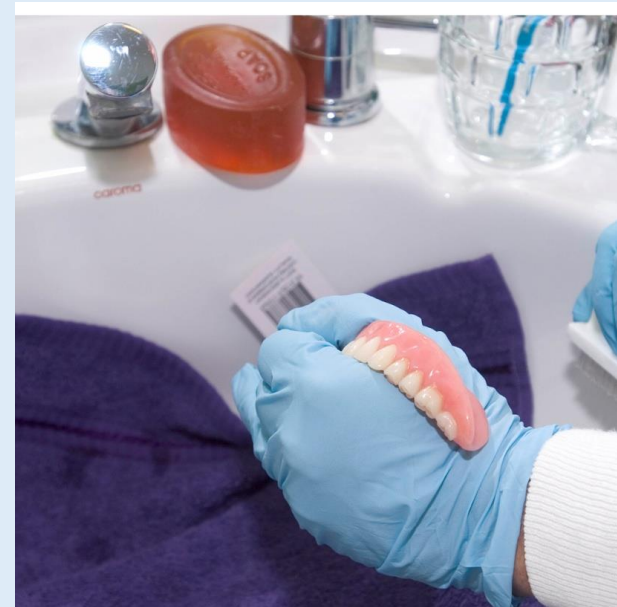
## Brushing Dentures - Upper



Execute hand hygiene and apply gloves

Hold upper dentures securely in the palm of your hand to avoid them slipping

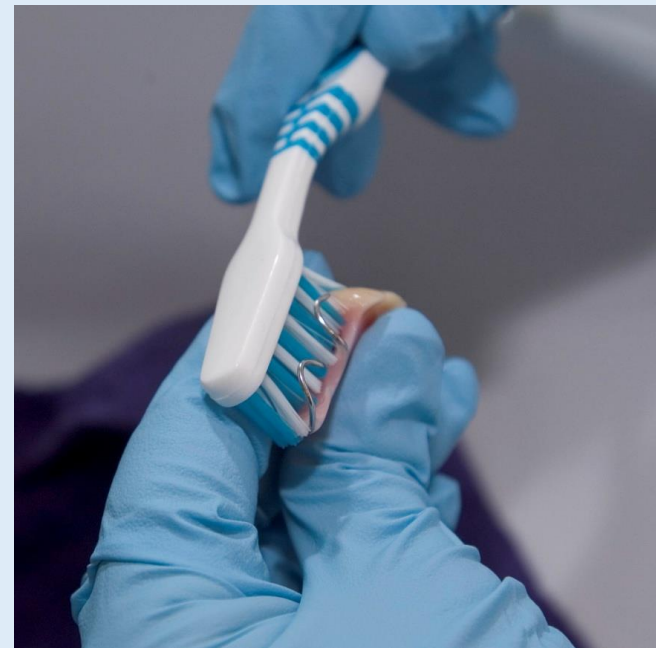
## Brushing Dentures - Lower



Lower dentures can be securely supported between your thumb and index finger to avoid breakages



## Brushing Dentures - Partial



Partial dentures should be supported securely.  
Be careful when cleaning abutment wires as bending them will effect the fit of the denture



# Removing Tarter from Dentures

- Remove tarter on dentures by soaking in white vinegar for a few hours
- Scrub denture with a nailbrush, or appliance brush

(Don't over use the brush because scratches can occur and thus damage the denture)



# Dr Mark's HyGenie

---

- Clean almost any removable dental appliance in a minute with Dr Mark's HyGenie (when paired with Dr Mark's DentalFresh). Then, store and protect your appliance for later use. Dr Mark's HyGenie is easy to use and is self-cleaning and self-drying, just like your toothbrush. You can also personalise your Dr Mark's HyGenie by adding your initials on the logo badge.

Designed in Australia.

- **INCLUDES**
- Dr Mark's HyGenie device, reusable soaking bath / travel pack and complete user instructions



# References

<https://www.dentalrescue.com.au/>

[https://www.mydenturecare.com/en-au/our-products/denture-cleansers/?gclid=EAlalQobChMItZHg1tqz6wIVhX4rCh3uuwwrEAYASAAEgJITPD\\_BwE&gclsrc=aw.ds](https://www.mydenturecare.com/en-au/our-products/denture-cleansers/?gclid=EAlalQobChMItZHg1tqz6wIVhX4rCh3uuwwrEAYASAAEgJITPD_BwE&gclsrc=aw.ds)

[https://drmarkshygenie.com/appliances/dentures?gclid=EAlalQobChMIoffCtduz6wIVgQsrCh1HyQAaEAAYAiAAEgLY\\_fD\\_BwE](https://drmarkshygenie.com/appliances/dentures?gclid=EAlalQobChMIoffCtduz6wIVgQsrCh1HyQAaEAAYAiAAEgLY_fD_BwE)

<https://www.dentalhealth.org/denture-cleaning>

<https://www.colgate.com/en-us/oral-health/cosmetic-dentistry/dentures/how-to-clean-dentures-to-avoid-bacteria-buildup-1015>