

SENIOR SMILES



Oral Thrush (Candidiasis)

Oral Thrush is a creamy white lesion that can occur on the tongue, cheek, palate or tonsils.

Most commonly affects immunocompromised persons such as the elderly.

Tips to managing oral thrush:

- Maintain good oral hygiene for natural teeth and dentures
- Notify the RN who can administer an antifungal medication (eg. Nilstat) to clear the infection
- Dentures should be disinfected in an antimicrobial solution (eg. Chlorhexidine)



